

# Walking in Snow Retreat 2019 – Practical Infos

Thanks for your interest in the Meditation Retreat with Skitouring and Snowshoeing Week. In the following we will give you all the practical information you need for the retreat. If you have further questions, please feel free to ask ([BergSangha@posteo.at](mailto:BergSangha@posteo.at)).

To register,

- Please read this information thoroughly,
- Fill out the [online registration form](#)
- Pay the participation fee until the end of october.
- We will get back to you for travel and equipment details in november

## Costs and Dana

The participation fee covers all the material costs of the retreat: the stay at the Rohrauerhaus, travel expenses for the teachers, and administration costs, like insurance, printing etc.. This sums up to EUR 215 per person for 3 days and EUR 365 for 6 days.

The participation fee includes:

1) 126€ (3 days) or 252€ (6 days) is given to the Rohrauerhaus:

- Vegetarian meals (Hot Breakfast, packed Lunch and Dinner)
- Accommodation in 2-4 bedrooms
- Dehibernating the Rohrauerhaus (including digging it out, refilling the pipes, heating)  
(This amount is refundable in case of storno)

2) 89€ (3 days) or 113€ (6 days) (non refundable in case of storno) to cover:

- Accommodation and travel expenses for the teachers and the managers
- Administration cost, like insurance, printing etc.

The price does not include:

- Ski gears and snowshoes
- Your own insurance ( e.g for a helicopter transport in case of an injury)
- Travel costs up to the meeting point at the Bosruekhütte

However if the participation fee is the obstacle for you to come please let us know, and we will see if we can make a reduction.

**Dana** - As you can see, the price above covers only expenses. In addition, we invite you to support our work with a donation at the end of the retreat. We chose this way to enable those of us with less money to come to what we organize, and those with more to balance this with their generosity. We want to invite you to reward what you receive in the way you want and are able to. Dana is a way of generosity and trust, which is used for spiritual teachings in Asia since thousands of years.

If you wonder about the amount, you could consider that mountain guides like Robert have a minimum standard rate of 310 € a day.

Please bring your Dana in cash to the retreat, since we won't be able to withdraw money during the retreat

**Payment** - To complete registration please transfer the registration fee to  
Martin Michalitsch  
Steiermärkische Sparkasse  
IBAN: AT92 2081 5000 2405 8166  
BIC: STSPAT2GXXX

If you need to cancel your registration please tell us as soon as possible,so we can give your spot to other people. In case of cancellation storno fees apply as mentioned above.

The retreat will take place under almost any weather conditions. Even if there is little or no snow Robert and Denis will facilitate a rich program with silence, nature and meditation.